

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|--|---|--|---|---|--------|
| | Kids (white-yellow belts) 12:00 pm - 1:00 pm | | Kids (white-yellow belts) 12:00 pm - 1:00 pm | | Kids (white-yellow belts) 11:00 am - 12:00 pm | Closed |
| | Kids (green, blue, & purple belts) 12:00 pm - 1:00 pm | | Kids (green, blue, & purple belts) 12:00 pm - 1:00 pm | | Kids (green, blue, & purple belts) 11:00 am - 12:00 pm | |
| | Kids (brown, red, & black belts) 12:00 pm - 1:00 pm | | Kids (brown, red, & black belts) 12:00 pm - 1:00 pm | | Kids (brown, red, & black belts) 11:00 am - 12:00 pm | |
| | Teens/Adults (13+) 12:00 pm - 1:00 pm | | Teens/Adults (13+) 12:00 pm - 1:00 pm | | Teens/Adults (13+) 11:00 am - 12:00 pm | |
| | Tiger Cubs (4-5) 4:00 pm - 4:30 pm | | Tiger Cubs (4-5) 4:00 pm - 4:30 pm | | | |
| Tiger Cubs (4-5) 4:00 pm - 4:30 pm | Kids (green, blue, & purple belts) 4:30 pm - 5:30 pm | Tiger Cubs (4-5) 4:00 pm - 4:30 pm | Kids (green, blue, & purple belts) 4:30 pm - 5:30 pm | Kids (white-yellow belts) 4:30 pm - 5:15 pm | | |
| Kids (white-yellow belts) 4:30 pm - 5:15 pm | Kids (brown, red, & black belts) 4:30 pm - 5:30 pm | Kids (brown, red, & black belts) 4:30 pm - 5:30 pm | Kids (brown, red, & black belts) 5:30 pm - 6:30 pm | Kids (green, blue, & purple belts) 5:15 pm - 6:15 pm | | |
| Kids (green, blue, & purple belts) 5:15 pm - 6:15 pm | Kids (white-yellow belts) 6:30 pm - 7:15 pm | Kids (white-yellow belts) 5:30 pm - 6:15 pm | Kids (white-yellow belts) 6:30 pm - 7:15 pm | Kids (brown, red, & black belts) 6:15 pm - 7:15 pm | | |
| Kids (brown, red, & black belts) 6:15 pm - 7:15 pm | Teens/Adults (13+) 7:00 pm - 8:00 pm | Kids (green, blue, & purple belts) 6:15 pm - 7:15 pm | Teens/Adults (13+) 7:00 pm - 8:00 pm | Teens/Adults (13+) 7:00 pm - 8:00 pm | | |
| Teens/Adults (13+) 7:00 pm - 8:00 pm | | Teens/Adults (13+) 7:00 pm - 8:00 pm | | | | |